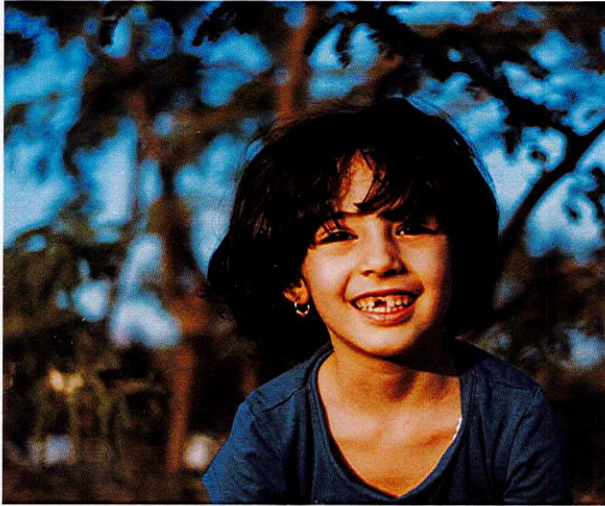


Why do kids exhibit PSB:

- Modeling of coercion
- Exposure to domestic violence
- Harsh discipline
- Physical Abuse
- Modeling of sexuality
- Living in a dangerous community
- Basic needs are not met
- Caregiver adversity



How to make a referral:

Once you have identified a need for treatment within a family, call or send referral to:

Child Advocacy Program
405 West 3rd Street
Jamestown, NY 14701

Phone: 716-338-9844
Fax: 716-338-9846



CAP'S mission is to end child abuse in Chautauqua County. When abuse occurs, CAP coordinates a community response to bring healing, hope and justice to these children and families.



Problematic Sexual Behavior Therapy

Children with sexual behavior problems are first and foremost, children.



405 West 3rd Street
Jamestown, NY 14701

425 Main Street
Dunkirk, NY 14048

www.capjustice.org • 716.338.9844

What is childhood PSB (Problematic Sexual Behavior)?

Sexual exploration and play are a natural part of childhood development, and help children learn about their bodies and about rules that govern sexual behavior.



In some cases, sexual behaviors pose a risk to the safety and well-being of the child and other children. These sexual behavior problems tend to continue even after the child has been told to stop or limit the behavior and frequently have one or more of the following characteristics:

- Are clearly beyond the child's development stage
- Involve threats, force, or aggression
- Involve inappropriate or harmful use of sexual body parts
- Involve children of widely different ages or abilities
- Are associated with strong emotional reactions in a child, such as anger or anxiety
- Interfere with typical childhood interests and activities

Important facts about our treatment model

- Serving children ages 3-17 and their families through group, individual and family therapy utilizing evidence-based models
- Requires active involvement of parents or other caregivers
- Short-term, community-based outpatient program conducted in 18 weekly sessions
- Referrals to the program can come from schools, CPS, mental health providers and families
- The therapy reduces risk for future harm and promotes safety within our community
- Low recidivism found in 10-year follow-up of school-age youth



Outpatient Treatment

The PSB-CBT treatment model is a nationally recognized and empirically-supported intervention.

Most children with sexual behavior problems can benefit from outpatient group therapy. Outpatient group therapy allows the child to stay in the home and community. Therapy involves the child, the parents/caregivers and other family members. The therapy is short term and can often be completed in three to six months if the family regularly attends therapy sessions, actively participates, and practices skills between sessions.

Types of treatment

- Parenting strategies
- Sexual behavior rules
- Sexual education
- Social skills
- Impulse-control strategies
- Abuse prevention

